**"Over the winter glaciers, I see the summer glow. And through the wind-piled snowdrift, the warm rosebuds below." -Ralph Waldo Emerson**

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  |  |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| C:\Users\Adjusting Room\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\L3ZECWXB\Human_run_curves[1].png | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  ***Bulletproof Your Body @ 5:30 PM*** | **6:45-8:45 AM**  **4:00 – 6:00 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  Dr. J & Dr. Amanda OUT | Dr. J & Dr. Amanda  Atlanta Leadership  Seminar | ***C:\Users\Adjusting Room\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\L3ZECWXB\map_of_atlanta_ga[1].jpg*** |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  ***Made to Run…Train for and Conquer a 5k @5:30 PM*** | **6:45-8:45 AM**  **4:00 – 6:00 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** |  | SYLVIE’s BIRTHDAY |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| C:\Users\Adjusting Room\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IL8AZDLU\happy_st_patricks_day-2353[1].jpg | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  ***Vitamins and Minerals You Really Need @ 5:30 PM*** | **6:45-8:45 AM**  **4:00 – 6:00 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  C:\Users\Adjusting Room\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\DFNI36TA\Spring with a Tulip[1].jpg | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** | Dr. Alissa Seminar |  |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | **6:45 – 10:45 AM**  **1:30 – 5:30 PM**  ***No Headache is Normal @ 5:30 PM*** | **6:45-8:45 AM**  **4:00 – 6:00 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** | **6:45 – 10:45 AM**  **1:30 – 5:30 PM** | CHRISTINE’S BIRTHDAY |  |
| 31 |  |  |  |  |  |  |